

The United Messenger



The Broadway United Church
The Broadway, Lindfield Road,
Eastbourne, BN22 0AS
www.broadwayunitedchurch.co.uk

A monthly magazine for two churches
in the Central Sussex United Area

Mick Mulley Editor

October 2026

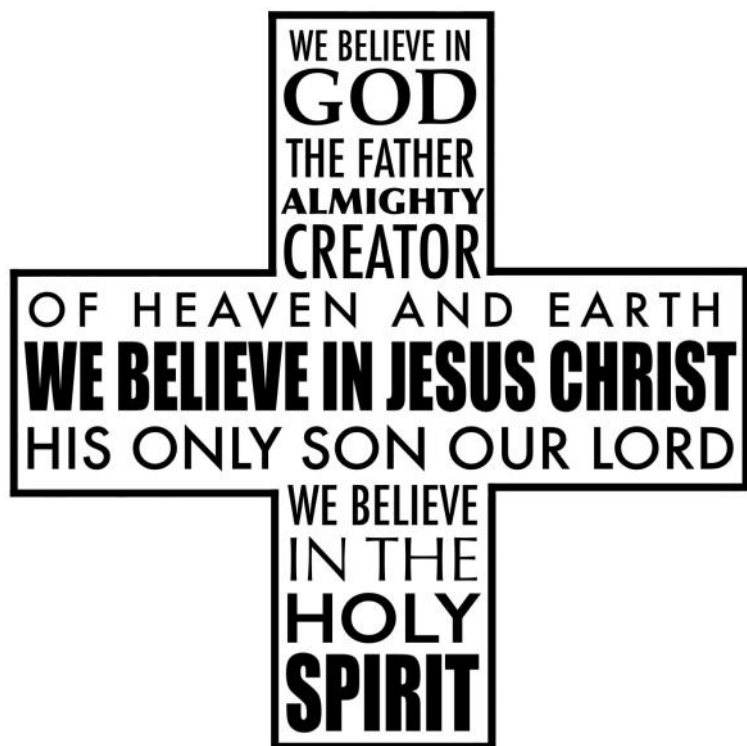


**St Barnabas United Church and
Christian Centre**
Kingfisher Drive, Eastbourne



Team Ministers:

Rev'd Memona Shahbaz (01323 739785) and Jonathon Gaylord



Dear Church family

"May the grace of our Lord Jesus Christ, the love of God and the fellowship of the Holy Spirit be with you all." 2 Corinthians 13:14

As WE enter October, I have been thinking about the wonderful grace of God and how generously He pours out His kindness, graciousness and love upon us.

The Bible says in Ephesians 2:8: *"For it is by grace you have been saved, through faith - and this is not from yourselves, it is the gift of God."*

Grace is God's undeserved, unmerited and undeserving favour, His kindness and His generosity towards us. We cannot earn it; we simply receive it with thankful hearts.

I am especially thankful for each one of you and for the many ways you continue to serve God and one another. To those who are housebound or unable to attend church regularly, please know that you are very much important part of the church family. Your prayers, encouragement and faithfulness

are a fruitful ministry, and you are very much in our daily prayers.

It has been a blessing to see many of you attending the DGH services, and I am grateful for your fellowship and support. This is a wonderful way to serve our lovely community.

We have also shared some important moments together recently. Thank you to everyone who attended the funeral service of our dear sister Marjorie, and to all who supported and prayed for her family. Thank you also for continuing to pray for, the global church, creation, peace in the world, leadership and for one another - your prayers are precious and make a real difference.

It was a joy to see so many of you attending and participating in the wonderful welcoming joint service for Revd Jonathan and Revd Carl. Huge thanks to those too who were not able to attend but participated through their sincere prayers.

Special thanks to all

(Continued on page 4)

(Continued from page 3)

friends of CSUA, Revd Conrad Hicks (Methodist District Chair), Revd Elaine Colechin (URC Southern Synod Clerk), Jennie, Alastair and the choir, thanks so much for leading the worship hymns so beautifully.

We are grateful to God for all of his love, compassion, mercy and grace. As we continue through October, may we remember that God's grace is generous and His kindness is new every day.

Let us be grateful to God for one another, be thankful for what God has given each of us and use it to the extension of His kingdom and to encourage one another.

Whatever our circumstances, we all have a place and a ministry in God's family.

Let us Pray together:

Gracious God, Thank You for Your wonderful grace, kindness and generosity. Thank You for every member of our church family. Strengthen those who are housebound, comfort those who are grieving, and encourage each of us to pray for and support one another. Help us to receive Your grace with thankful hearts and to share Your love and kindness with others, in Jesus' name, Amen.

Yours in Christ,

Memona

Bats on the wing

Two bats went for their midnight feed. After an hour or so, one bat got tired of looking and went home with no blood. Later the other bat came back, with blood dripping from its mouth. The first bat said enviously, "Where did you get all that blood from?"

The second bat replied "Follow me. I'll show you." He led the first one to a cave and said: "You see that wall over there?"

The hungry bat excitedly says, "Yes!"

The other bat said, "I didn't."

St Barnabas Church

INFORMAL BIBLE STUDY 2026

At St. Barnabas we have a very informal meeting each Friday
at 11am for an hour.

We are reading through Acts bit by bit.

We are a very friendly group, sometimes up to seven people,
not always the same seven

Not everyone is able to come every week but anyone who
does come is very welcome to just turn up.

Bring your own bible or use a church copy

Hazel can be contacted at 07891 788867

Broadway United Church Birthdays October 2026

1st Sue Mulley

5th John Donoghue

16th Sue Wigfield



If your birthday is not listed please see June Phillips

DGH Service - September



The cow and the Bible

A religious farmer lost his Bible out in the field. A few days later he went to answer a noise at his door.

Standing there was a cow, with his Bible in its mouth. The farmer raised his eyes to heaven and thanked the Lord for this miracle.

"It's not really," said the cow. "Your name was written inside."

Treasurer's Report - Broadway

THE COMMUNION Collection for July was for Muscular Dystrophy UK. and the charity received £84.00; August The Matthew 25 received £113.50; and in September £111.65 was sent to Eastbourne Samaritans.

In October the collection will be for URC Commitment for Life and envelopes will be provided.

The August Coffee Evenings raised £363.80 and was divided between Street Pastors and Spinnaker Trust Ltd.

The Offertory for July amounted to £1,400 and the amount raised by hiring of our premises came to £411.

The expenses for the Ministry for July was £1,615 Utilities for July was £275.57

The United Messenger £22.35.
Cleaning for July £454.10

The Offertory for August amounted to £2,165.65 and the amount raised by hiring of our premises £341.00

The expenses for the Ministry for August £1,615. Utilities for August was £477.90. The United Messenger £14.40 Cleaning for August £477.90 The Electricians serviced and replaced light tubes and needed scaffolding which overall cost £1,037.40

Our Premises remain of a very high standard and is "AWESOME"

The Finance Committee Meeting will be held on 20th October in the Blue Room at 10am.

John

Music

The symphony musicians had little confidence in the man brought in to be their new conductor.

Their fears were realized at the very first rehearsal. The cymbalist, realising that the conductor did not know what he was doing, angrily clashed his instruments together during a delicate, soft passage. The music stopped.

The conductor, highly agitated, looked angrily around the orchestra, demanding, "Who did that? Who did that?"

800 years death of St Francis of Assisi

ON 4th OCTOBER we will mark 800 years since his death of Giovanni di Pietro di Bernadone, although he is more probably familiar as Francis of Assisi. Such was his fame, influence and holiness that he was declared a saint by the pope less than two years after his death.

Francis was born into a prosperous family of silk merchants in Assisi, central Italy, probably in 1181. As a young man he loved clothes, spent money lavishly, and enjoyed a reputation of a jack-the-lad, pleasure-loving and irresponsible. But experience both as a prisoner of war and of illness led him to think deeply about his life, although it took some time for this reappraisal to bear fruit.

Just outside Assisi was the ruined chapel of San Damiano, and it was here that he felt God speak to him, asking him to “repair my church, which as you can see, is falling into ruin”. Little did Francis know at that point that ‘repairing my church’ meant much more than repairing this simple chapel - a task he set about doing.

Francis became known for his devotion to Christ and also his

commitment to the poor and bereft. Others were attracted to join him in preaching the gospel and serving the poor. Eventually this was organised into a congregation of poor men (friars), which today we know as the Franciscans.

He established a Rule of Life for these men, later revised as more joined them. A sister organisation, the Poor Clares, was founded for women who wanted to give their lives to God and the service of the poor. Two years before his death, in a period of intense prayer, he is said to have displayed the stigmata - the wounds of Christ - in his hands and side. By then he was increasingly ill; blindness and malaria took its toll. He died aged just 45.

Simplicity was a hallmark of his life, which has come down to us in a number of ways. Care for the environment is one way; patron saint of animals is another. World Animal Day is the marked on the same day as Francis’ death. Many churches will be holding a ‘Blessing of the Animals’ service, often a cheerful riot of barking

(Continued on page 9)

(Continued from page 8)

dogs, hissing cats, rats and mice in cages, even a stick insect, and horses tethered outside. Is there one in your area where you could take your pet to be blessed?

We should see Francis as a visionary and inspirer, who, impelled by the love of Christ, was able to give himself to, and draw others to, a life of service to the poor, care for the environment, and prayer. By the time he died, there were Franciscan friars over much of Europe. Today, inspired by his legacy, his followers - friars, sisters and lay people - are found all over the world.

Do you have a Rule of Life which you try to live by, one which honours God and seeks the best for humanity? How do you inspire those around you? How do you mark your care for God's creation? You love your pets, but is it time to re-evaluate if you are doing the best by them?

One of Francis' prayers asks God 'to grant us the grace to do for You alone what we know You want us to do, and always to desire what pleases You. 'That could be a good rule of life, a star to live by; could you make it yours?

The Rev'd Roy Shaw

Genesis for Cats

On the first day of Creation, God created the cat.

On the second day, God created man to serve the cat.

On the third day, God created all the animals of the earth to serve as food for the cat.

On the fourth day, God created honest toil so that man could labour for the good of the cat.

On the fifth day, God created expensive furniture so that the cat would have objects whereon to sharpen its claws.

On the sixth day, God created veterinary science to keep the cat healthy and the man broke.

On the seventh day, God tried to rest, but the litterbox needed emptying

Which milk do you buy?

ONCE UPON a time there was just milk. Now our supermarket shelves are packed with dairy (whole, semi-skimmed, fat-free) and also plant-based alternatives: oat, almond, soya, coconut, and pea.

Which is the best? The amount of protein, sugars, fat and vitamins in each vary a great deal. No wonder that, according to Mintel's UK recent market report, nearly half of us struggle to decide. Here are some facts to consider:

According to nutritionists, the best all-rounder is semi-skimmed cow's milk. This is be-

cause dairy milk contains all nine essential amino acids and has the most protein.

Or, if you are dairy-free, try fortified soya milk or pea drinks for reasonable levels of protein.

As for the others, they vary in nutrients, but:

- Oat milk is popular but contains very little protein.
- Almond milk is popular and low in calories, but again, has very little protein.
- Coconut milk has hardly any protein at all.
- Rice milk has almost zero protein.



...if you have been affected by any of the issues raised in this sermon...

St Barnabas Church

**Coffee
Morning**

Saturday

3rd October 2026

From 10am

Broadway United
Church

**Coffee
Morning**

Saturday

10th October 2026

10am

The Broadway United Church
Annual General Meeting

Our Annual General Meeting will take place after the Service on
Sunday 25th October.

Please could I ask that Reports for the Meeting are given to me
as soon as possible to enable me to prepare the necessary
paperwork.

Thankyou.

Steve Waters
Church Meeting Secretary

Community Lunch - Broadway

Date: Friday 9th October 2026

Price: **£7** (*Please note increase*)

Time: **12.45**

Fruit Juice

Roast Pork, Roast Potatoes and two Vegetables

Trifle

To book a meal ring Val on 01323 487990 All diets catered for

JD Hair Salon

16 The Broadway, Hampden Park

BN22 OAS

07722175570

(the salon is in Harmony Health)

Joanne Dzendzera

joannedze@gmail.com



Who's who at BROADWAY United Church

Elders:

Sue Sanders: Senior Elder

01323 505866

- * Pulpit supply
- * Catering Convener
- * Link with Community Lunches
- * Junior Church

Alison Flynn:

** Authorized person for weddings*

Sue Miller

- * Pianist

Kath Shaw:

- * Cradle Roll
- * Bible Readers Coordinator

Ruth Rowland:

- * Door stewards coordinator
- * Link with Junior Church

Val Cornish

Stu Miller :

- * Sound system

Denise Woodfin

People with other responsibilities:

John Donoghue

- * Church Treasurer
(01323 501857)

37 Park Avenue, Eastbourne BN21 2XG

Email: jndonoghue38@gmail.com

Pat Aisbitt:

- * Letting Steward

buchurch21@gmail.com

Steve Waters:

- * Church Council Secretary:

Email: bucms2024@gmail.com

Mick Mulley 07985 932783

- * Worship Leader
- * Weekly Newsletter,
- * The United Messenger
(Monthly magazine)
- * Broadway Praise Singers
- * Website:

<https://broadwayunitedchurch.co.uk>

The Cottage

2 Levett Avenue

Polegate

BN26 6LW

Email: mjmulley@gmail.com

Jolly Pett 07743374887

- * Safeguarding Officer

broadwaychurchsafeguarding@gmail.com

ST BARNABAS Rota details for OCTOBER 2026

4th Vestry: **Brenda Jenkins**
Corridor: **Hazel Elrick**
D/Steward: **Anne Weilding**
Reader: **Brenda Jenkins**

11th Vestry: **Pat Beeney**
Corridor: **Clive Elrick**
D/Steward: **Hazel Elrick**
Reader: **Janice Crompton**

18th Vestry: **Janice Crompton**
Corridor: **Allie Bowles**
D/Steward: **Clive Elrick**
Reader: **Brenda Jenkins**

25th Vestry: **Pat Beeney**
Corridor: **Anne Weilding**
D/Steward: **Brenda Jenkins**
Reader: **Allie Bowles**

If you are unable to fulfil your duty please arrange to change with someone else. Thank you.

Thoughts and opinions expressed in this magazine belong solely to the author, and not necessarily those shared by Broadway Church, St Barnabas Church, ministers or the editor.

Who's who at ST BARNABAS Church

Church Secretary:

Janice Crompton 01323 639042

Email: jancrompton@hotmail.com

Lettings * Property * Preachers Coordinator

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Treasurer:

Janice Crompton 01323 639042

Email: jancrompton@hotmail.com

Catering Convenor * Safeguarding Officer

“Make Lunch” link

* * * * *

Church Councillors:

Val Attwood

Allie Bowles

Shon Shahbaz

* * * * *

Brenda Jenkins

01323 763249

Readers/ Stewards Rota Coordinator * Worship Leader

Services at St Barnabas for SEPTEMBER (09.45am)

4th John Berryman

11th Rev'd Memona Shahbaz

18th Rev'd Memona Shahbaz (Communion)

25th Rev'd Jonathon Gaylord

Services at Broadway for SEPTEMBER (10am)

4th Dr Dawn Mulley (*AAW*)

11th Rev'd Brian Wightwick (*Communion*)

18th Jolly Pett

25th Rev'd Memona Shahbaz (*AGM/GS*)

ELDERS (Broadway) Oct

4th Alison and Vai

11th Ruth and Kath

18th Sue Sand Denise

25th Stu and Sue Miller

DOOR ROTA (Broadway)

4th Sandra

11th Vai

18th Glynis

25th Maggie

Contributions for **November's** magazine should be with me by:

Friday 16th October please. Thank you.